

ALD MONTHLY NEWSLETTER

AUGUST 2026

Welcome to our August newsletter! 🌞 This month, we're looking back at some of the wonderful activities, events and memorable moments we have shared with the people we support. From enjoying time outdoors to taking part in fun activities together, it has been a month filled with laughter, connection and positive experiences.

ALEX'S BBQ

Alex had a wonderful barbecue party with the family. It was a lovely day filled with delicious food, laughter, and quality time spent together. Everyone had a fantastic time, and it was a truly memorable family gathering.



HAPPY BIRTHDAY JAY!



Jay visited Shorne Woods Country Park near Gravesend with family and spent quality time then had Birthday lunch at The Leather Bottle in Cobham, a historic pub famously associated with Charles Dickens, who considered it one of his favourite ale houses." Moreover, had a small birthday celebration and cut birthday cake with staff

RAJAN'S BROTHER WEDDING

Rajan attended his brother wedding reception at The Savoy hotel London.



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JAMES' FESTIVAL

James at the Country and Western music festival on Sunday, he loved the music

HAPPY BIRTHDAY SOPHIE!!

Sophie's parents visited to celebrate her birthday. She appeared happy and fully engaged throughout the birthday celebration with her family. After her parents left, staff supported Sophie on a day trip to Portsmouth Beach.



HARVEY'S SISTER WEDDING

Harvey attended his sister's wedding and appeared very happy and excited. He also visited Legoland and Bushy Park

DAVID'S ACTIVITIES

David has enjoyed several community and outdoor activities, including a successful visit to London Wetlands Centre, football and bowling sessions with Sports in Mind, and a long walk at Guildford Castle Grounds. He also visited Newlands Corner with his mum and Stanley, and continues to attend the outdoor gym weekly.



MAKATON SIGN OF THE MONTH



Together



Together



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HAPPY BIRTHDAY SADIB AND JACOB!!





Picnic in the Park

Special Edition



