

# ALD MONTHLY NEWSLETTER

APRIL 2026

Welcome to our April Newsletter! 🌸

As spring begins to bloom, we're excited to share another month full of activities, celebrations, and community updates at ALD. This time of year is all about fresh starts, brighter days, and coming together to enjoy new experiences.

## HAPPY BIRTHDAY JOE!!

Joe had a lovely day with family and staff 😊



Happy Birthday

## HAPPY BIRTHDAY FRANCESCA!!

Francesca celebrated her birthday with a special cake



## HAPPY BIRTHDAY HARVEY!!



Harvey had a great month, he celebrated his birthday with his family and appeared very happy. Moreover he visited to Legoland, Bushy park, stroke park for a walk and some rides.

## HAPPY BIRTHDAY EMMA!!

The whole team, along Anna, celebrated Emma's birthday. She asked her parents to let her celebrate her birthday with her staff showing bonding and love 🥰

Happy Birthday



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## JULIA'S ACTIVITIES

This month, Julia attended an Easter event. She celebrated her mum's birthday, visited Knowle Park where she got out of the car, and enjoyed bus rides.

## MOLLIE'S ACTIVITIES

Mollie enjoyed the beach and swimming sessions, and she achieved a goal (weekly grocery shopping in supermarket). Well done Mollie!



## JAY'S TRIP TO BROOKLYN LAKE

Jay recently had a wonderful day out visiting Brooklyn lake and central park. He spent time exploring the surroundings, taking in the fresh air. Throughout the visit, Jay appeared very happy, relaxed, and calm.



## RAJAN'S ACTIVITIES

Rajan went to Feltham tenpin for a bowling session and play other games



## ALEX'S EASTER

Alex had a wonderful time celebrating Easter with staff. They enjoyed a lovely dinner together at an Indian restaurant in Southall, where AB appeared very happy and engaged throughout the evening. After the meal, AB and the staff took a pleasant walk along the High Street, enjoying the lively atmosphere.



## DAVID'S ACTIVITIES

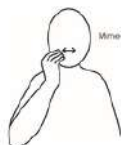
David celebrated Easter with his dad and staff members. Weekly Gym exercise at Stoke Park in Guildford and David and Alex enjoyed Mayhem Disco night with staff and others.



## MAKATON SIGN OF THE MONTH



Flower



Flower

Mimesmiling perfume



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HAPPY BIRTHDAY  
DHARMENDRA!!





# Easter Egg Hunt Special Edition



