

ALD MONTHLY NEWSLETTER



NOVEMBER 2025



Hello and welcome to our November edition! As the year begins its final chapter, November invites us to slow down, reflect, and reconnect. It's a month of transition—crisp air, shorter days, and a sense of anticipation for the busy season ahead.



THOMAS'S TRIP



Thomas went to Swanley Park, there had a long walk and played in the park.



HAPPY BIRTHDAY ROB!!

This month, we are delighted to celebrate Rob's 75th birthday. To mark this special occasion, we are pleased to share some of his best moments.



JOE'S ACTIVITIES



Joe enjoyed playing golf, visiting Bransland Wood park or doing puzzles.



GARDEN TIME

James enjoying a relaxing time in the garden.





MOLLIE'S ACTIVITIES

In this month, Mollie went to London to see the Christmas's lights, also staff took her for weekly groceries and she did really well. Finally, she went for walks outside in the community.



DILTA'S TRIP TO THE PARK

Dilta had a lovely time in Richmond park where she enjoyed of a walk and a picnic with staff



RAJAN'S ACTIVITIES

Rajan visited West Midlands safari park and enjoyed Christmas decorations



SAAD IN KEW GARDENS

A moment of pure wonder as Saad takes in the Christmas lights at Kew.



SOPHIE'S ADVENTURES

Sophie had a day trip to Windsor Castle, she thoroughly enjoy the scenic surroundings and historical architecture. Also, she went for a short trip to Ruislip Lido Beach, where she enjoyed time in peaceful surroundings along with bright sunshine



FIREWORKS CELEBRATION

Georgina and Storm were cheerful and joined staff in the excitement of the fireworks celebration, helping make the evening memorable for everyone.





IMONA'S ACTIVITIES



Imona having a great time with his staff playing football and going for a walk

ROB'S SUCCESS STORY OF THE MONTH



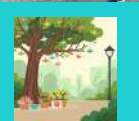
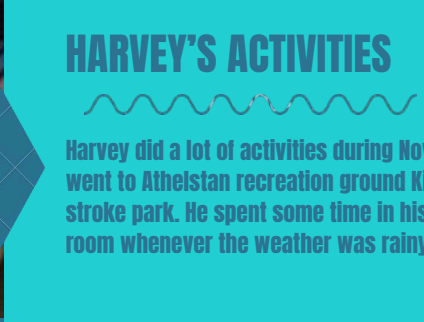
Staff was pleased to share that, for the first time, without any other support, staff members have successfully encouraged and convinced Rob to get his hair cut and beard trimmed.



DAVID'S ACTIVITIES



David had Flu jab vaccination, and he had a tour to Guildford Castle Ground.



HARVEY'S ACTIVITIES



Harvey did a lot of activities during November. He went to Athelstan recreation ground Kingston and stroke park. He spent some time in his sensory room whenever the weather was rainy.

Alex had an amazing outing with mum and had lunch. He enjoyed it!

Anna went to Windsor Wonderland, where she enjoyed watching ice skates and roasting marshmallows

Emma visited marble Hill Park and enjoyed walking over there.

Jay spent his day at the O2 Arena and really enjoyed the bus ride there.



SPECIAL ANNOUNCEMENT



We're excited to announce that we'll be hosting ALD's Christmas party this year! We can't wait to celebrate together and make it a joyful, festive occasion.

WEDNESDAY 17TH DECEMBER, Brookwood Memorial Halls

MAKATON SIGN OF THE MONTH



JULIA IS COOKING

Julia engaged with the staff in making her dinner.



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