

# ALD MONTHLY NEWSLETTER

## MARCH 2025



“March is the month when the earth turns green and the flowers start to bloom, signaling that winter is finally over”

## HAPPY BIRTHDAY GEORGINA!

by Dhanuj Siwach

Georgina celebrated her birthday this month - happy birthday to Georgina!

Georgina had a party with the other people that she lives with, helping build friendships and make memories 😊



## BEING ACTIVE

The people we support with our outreach model have been keeping active.

Saad has been going regularly to David Lloyd gym to continue his goal to loose weight and stay active - well done Saad!

James has been playing golf and going for long walks.



## PANCAKE DAY

David enjoyed the pancake race at Guildford High Street! He had some pancake and donated to a local charity.

Emma and Anna celebrated pancake day with help from staff to make homemade pancakes, yummy!



## MAKATON SIGN OF THE MONTH



Mime tossing pancake

pancake



[www.ald-support.co.uk](http://www.ald-support.co.uk)

## BUTTERFLY GARDEN



Julia was supported with staff to go to the butterfly garden with her family.

Julia was supported by her staff to go on the bus and had a lovely day out.

