

ALD MONTHLY NEWSLETTER

JANUARY 2025

Happy New Year! To start off the new year we have been thinking about goals and how we can help the people we support to achieve their goals.

HAPPY BIRTHDAY!

Happy birthday to David and Julia who celebrated their birthdays this month.

David had a birthday party at crazy golf where he invited Alex and Jay, a fun day for everyone!



NEW YEAR, NEW GOALS!

We have been asking the people we support and their staff of new goals for the new year!

At ALD Support we focus on supporting people to achieve their goals and make this personalised for each individual we support.

Thank you for sharing your goals with us Alex, James, Emma, Anna and James!



AT THE ALLOTMENT

This month Emma started to attend an allotment which is run by Surrey Choices.

Emma did great on her first day and was very busy helping out!

We are always looking for local activities for the people we support to help improve peoples mental health, bring social interaction and fun to peoples lives!

MAKATON SIGN OF THE MONTH



New year



www.ald-support.co.uk

A GOAL FOR JAMES

James spent some time in hospital last year and his goal is to go back to his day centre. James has done amazing in his recovery, go James!

